

LMHC / NCMHCE

Domain 2 Study Guide

Intake, Assessment, and Diagnosis

Biopsychosocial Assessment

- Presenting problem
- History of illness
- Medical history
- Psychiatric history
- Family history
- Substance use history
- Social functioning
- Occupational functioning

Mental Status Examination (MSE)

- Appearance
- Behavior
- Mood and affect
- Speech
- Thought process
- Thought content
- Insight and judgment
- Orientation and cognition

Risk Assessment

- Suicide risk evaluation
- Homicide risk evaluation
- Abuse and neglect reporting
- Duty to warn and protect

Diagnostic Procedures

- DSM-5-TR criteria selection
- Differential diagnosis
- Rule-out conditions
- Co-occurring disorders

Cultural Assessment

- Cultural Formulation Interview (CFI)
- Cultural identity factors
- Cultural stressors and supports

Screening Tools

- Substance use screening
- Trauma screening
- Depression screening
- Anxiety screening

Level of Care Decisions

- Outpatient
- Intensive outpatient
- Partial hospitalization
- Residential treatment
- Inpatient hospitalization